



The Meadowlark Initiative brings together medical care, counseling, care coordination, and community services to help you:

**GET THE RIGHT CARE**  
at the right time.

**STAY HEALTHY**  
and plan a path to recovery that works for you if you have concerns about depression, anxiety, drug and alcohol use, or other common stresses.

**REDUCE**  
the risk of pregnancy complications like drug exposure and neonatal abstinence syndrome.

**KEEP YOUR FAMILY HEALTHY,**  
happy, and together.

Substance Use Disorders (SUDs) and mental health issues affect thousands of pregnant women and their babies in Montana each year. It is an illness that crosses all demographics and can often go unnoticed and untreated. **The Meadowlark Initiative helps all women have healthy pregnancies** by working with you to determine your specific obstacles and needs for support.

***Make An Appointment Today!***  
**Call 406.222.3541**  
**Visit [LivingstonHealthCare.org](http://LivingstonHealthCare.org)**

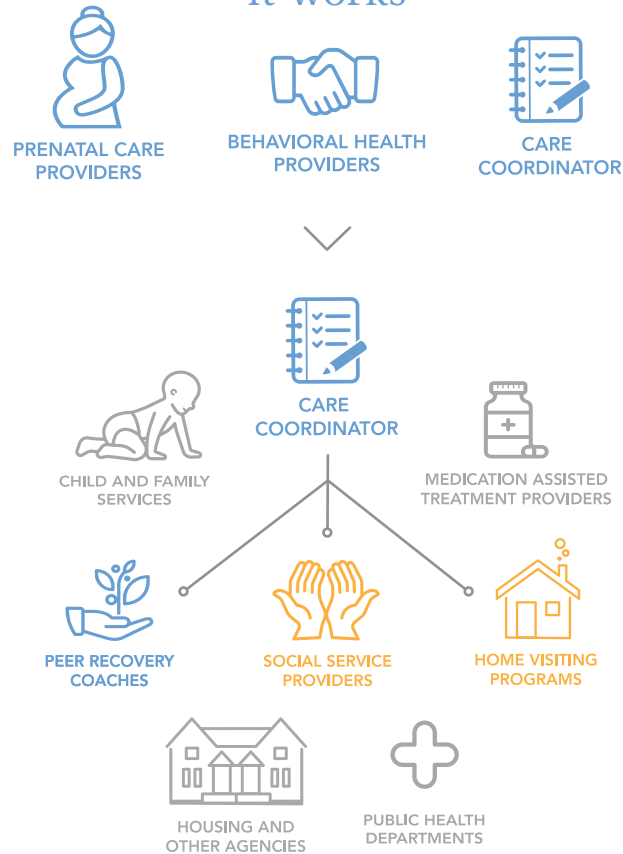


SURROUNDING YOU WITH A SUPPORTIVE TEAM TO GIVE YOU THE BEST CHANCE FOR A HEALTHY PREGNANCY

Meadowlark providers offer supportive, team-based, prenatal care to help you have a healthy baby and build a strong family.



## Here's how it works



**1** You and your family receive individualized pregnancy care from an experienced, supportive **Clinical Team**. We treat you as a whole person, and the team includes a counselor that can also help you with common stressors, depression, anxiety, or drug and alcohol use.

**2** The Care Coordinator works with you to make sure you get the right care at the right time. The Care Coordinator can also help you find and coordinate a **Community Team** that can help with other services that your family may need, such as housing, transportation, home visiting, and social services.

## Your family's support system



**3** The Clinical Team and Community Team work collaboratively to form a support system for you and your family.