



2022

Community Health Needs
Assessment

Park County, MT

A collaboration between

Livingston HealthCare and the
Park City County Health Department

September 2022

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Introduction

Livingston HealthCare (LHC) is in the City of Livingston, the county seat for Park County, MT. Livingston HealthCare is comprised of a 25-bed Critical Access Hospital, which includes: 24-hour emergency surgical services, short-term inpatient rehabilitation and hospital outpatient services for diagnostics and treatment. The medical center also includes a Rural Health Clinic with a multi-specialty physician practice offering a variety of services, a range of outpatient rehabilitation therapy, home-based services, integrated behavioral health and visiting specialists. The organization offers healthcare services to the residents and visitors of Park County and the surrounding area with its Urgent Care center and locations in Livingston, Shields Valley and Gardiner. The Ranger Clinic is Livingston HealthCare's school-based clinic located within Park High School and is staffed with a Pediatric Nurse Practitioner and Clinical Psychologist service youth grades 6-12 enrolled in Livingston Public Schools. Governed by a volunteer Board of Director, Livingston HealthCare (LHC) is a community not-for-profit healthcare organization.



Our mission is excellence in patient-centered care.

Our vision is to be the best Critical Access Hospital in the nation by providing the highest quality care to all whom we serve.

LHC's **Standards of Excellence** guide each and every employee, including leadership, medical staff, and managers, in achieving and sustaining the goals defined by our mission, vision, and values.

About this assessment:

Livingston HealthCare partnered with the Park County Health Department in creating its Community Health Needs Assessment (CHNA). The CHNA is comprised of the May 2022 CASPER survey as well as supplemental primary and secondary data related to Park County.

CASPER is a type of Rapid Needs Assessment (RNA) that provides household-level information to public health leaders and emergency managers. The information generated can be used to initiate public health action, identify information gaps; facilitate disaster planning, response, and recovery activities; allocate resources, and assess new or changing needs in the community. It is a cross-sectional epidemiologic design; it is not surveillance.

Methodology:

CASPER is conducted through face-to-face interviews in the field. There are several advantages to conducting face-to-face interviews; these include a high response rate and the ability to distribute health information or other materials (such as resource lists) to the community. Face-to-face interviews have the additional benefit of directly connecting the community to local staff, increasing the visibility of and trust in the health department. Interview teams can also provide anecdotal information (e.g., direct visual inspection of a disaster-affected area, common concerns overheard in the community not captured in the questionnaire) that can help guide response and recovery efforts, implementation of any recommendations, and future plans.

CASPER uses a two-stage cluster sampling methodology. In the first stage, clusters (traditionally 30) are selected with a probability proportional to the estimated number of households in the clusters. A cluster in a non-overlapping section in a geographic area with a known number of households. For this reason, U.S. Census blocks are most used. Using GIS software rather than the U.S. Census website provides more flexibility in the selection of the sampling frame by allowing the user to select portions of a county, city, or other available geopolitical areas. Clusters were identified through the Montana State Library GIS Team.

In the second stage, seven Housing Units (HUs) are randomly selected in each of the 30 clusters by the field teams for the purpose of conducting the interviews with the goal of 210 completed interviews. Eighty percent completion rates allows population needs to be estimated from the sample and the estimates are usually within 10 percent. To account for a low density of HUs in remote areas, adaptations to sampling methodologies were made to the Centers for Disease Control and Prevention recommended methodology found in the CASPER toolkit. Park County Health Department (PCHD) worked with local stakeholders to develop a survey instrument to collect local health data for the CHA. (Courtesy of Kerry Pride, DVM, Systems Improvement Division of MT DPHHS).



Data from the questionnaire was entered into any statistical software package that allows for multistage sample design weighting. Data entry, cleaning, and processing are necessary to ensure the highest quality data for analysis. Once data are merged and cleaned each household for whom an interview is completed is assigned a weight that is based on the household's probability of selection to obtain population estimates. All HU data collected



IRS Form 990, Schedule H Compliance

For non-profit hospitals, a Community Health Needs Assessment (CHNA) also serves to satisfy certain requirements of tax reporting, pursuant to provisions of the Patient Protection and Affordable Care Act of 2010. To Understand which elements of this report relate to those requested as part of the hospitals' reporting on IRS Schedule H (Form 990), the following table cross references related sections.

Part V Section B Line 3a <i>A definition of the community served by the hospital.</i>	Page 3
Part V Section B Line 3b <i>Demographics of the community.</i>	Page 9
Part V Section B Line 3c <i>Existing health care facilities and resources within the community that are available to respond to the health needs of the community</i>	Page 14
Part V Section B Line 3d <i>How data was obtained</i>	Page 4
Part V Section B Line 3e <i>The significant health needs of the community</i>	Throughout
Part V Section B Line 3f <i>Primary and chronic disease needs and other health issues of uninsured persons, low-income persons and minority groups</i>	Throughout
Part V Section B Line 3g <i>The process of identifying and prioritizing the health needs and services to meet community needs</i>	Page 13
Part V Section B Line 3h <i>The process for consulting with persons representing the community's interests</i>	Page 13
Part V Section B Line 3i <i>The impact of any actions taken to address the significant health needs identified in the hospital facility's prior CHNA(s)</i>	Page 38

Park County CASPER Survey

May 2022



93% of households surveyed live in Park County full time



27% of households currently rent

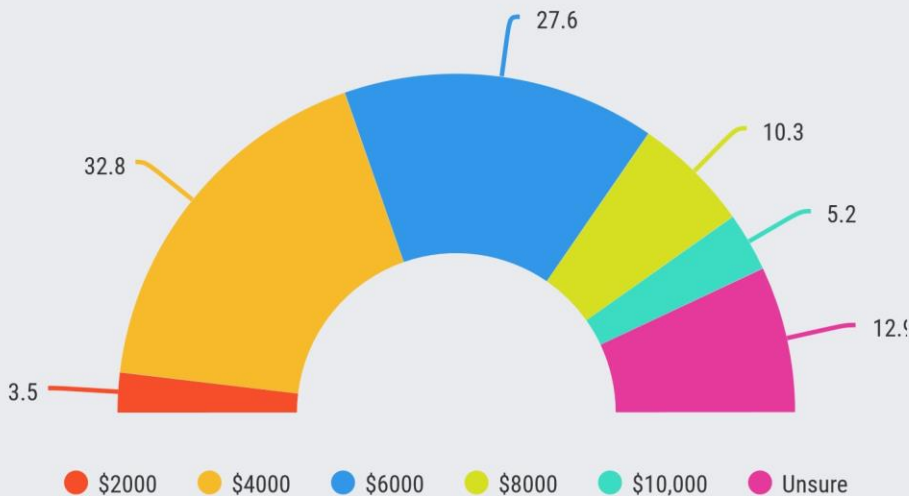


21% of households have lived in Park County less than 3 years

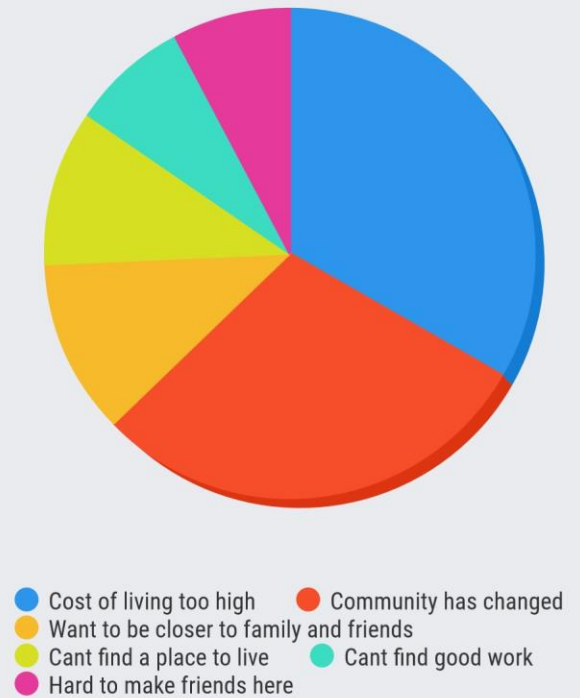


36.4% have considered moving out of Park County in the last year

I believe a person can live comfortably in Park County earning the following take home monthly wage




Reasons People Consider Leaving Park County



Household Concerns

 Paying for gas and vehicle maintenance
36.7%

 Paying for healthcare, insurance, medications
27.5%

 Change in stock market investments
26.7%

 Paying for groceries and meals
23.3%

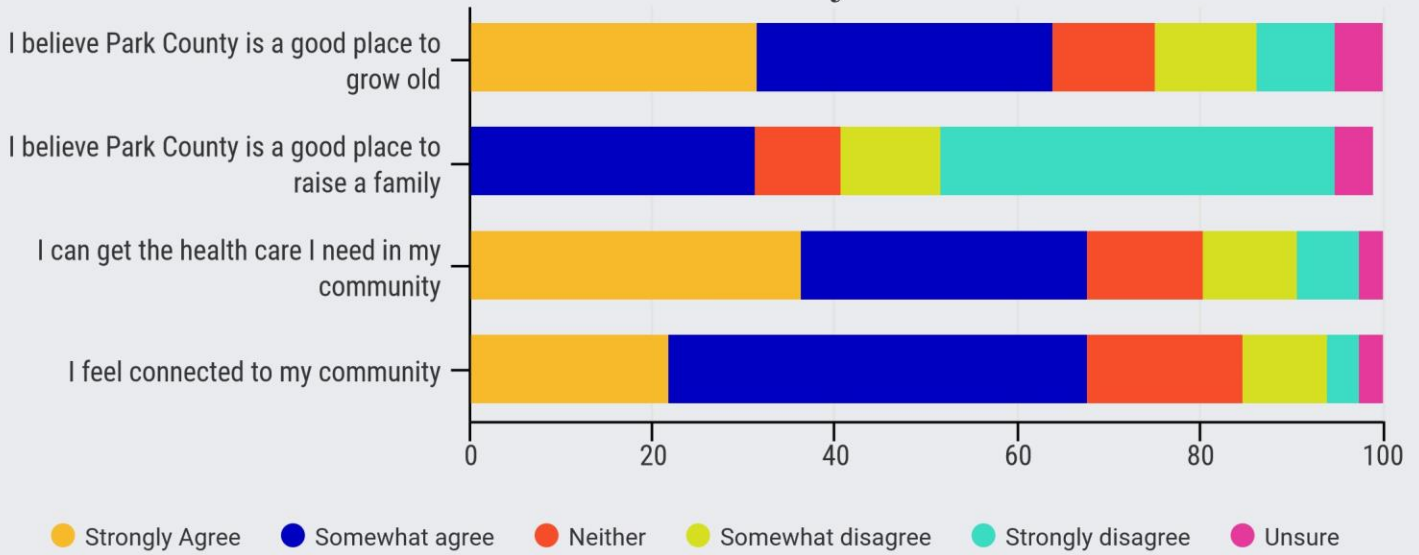
 Paying rent or mortgage
21.7%



20% of households are concerned about depression and anxiety in themselves or other adults in the home

10% households are concerned about depression and anxiety in the children or young adults in the home

Community Life



51.9% currently working for an employer based in Park County

1 in 3 households **DO NOT** think their income has kept up with expenses in the past year

- 40% receive health benefits from their employer
- 48% receive retirement benefits from their employer
- 37.1% receive social benefits such as social security or disability



57.5% worry about climate, wildfires, smoke and drought



50% worry about national or international news events



40.8% worry about change in community character



24.2% worry about traffic

2022 Demographics-Park County, MT

Population



Population in 2020:
17,191
 an increase of
9.9%
 from 2010

23.7%
 of Park County residents
 are over 65

 The US average is 16%

17.4%
 of Park County residents
 are under 18

 The US average is 22.1%

37%
 of Park County
 residents are on
 Medicare or Medicaid

Children

There are childcare spots
 available for only
39.6%
 of children under 6 in
 Park County

45.6%
 of 3rd Grade
 students in
 Park County
 are "proficient"
 at reading

47.8%
 of children in Park County
 are enrolled in the Healthy
 Montana Kids free or low-
 cost healthcare plan

37.9%
 of Park County children
 are enrolled in the free or
 reduced-priced lunch
 program

Housing and Economics

\$324.47
 Average nightly rate for
 a vacation rental in Park
 County March 2022

52.7%
 of land in Park County is
 federally owned

56.7%
 of income in Park County is unearned income

32.6%
 from pensions, stock
 dividends and rent payments

24%
 from direct government
 assistance like Social
 Security or Disability

**The median wage in Park County is
 \$2,662/mo**

Average Rent in
 Park County
\$1,565

Average mortgage in
 Park County
>\$3,000



The bottom 40%
 of households
 earn 10% of Park
 County income

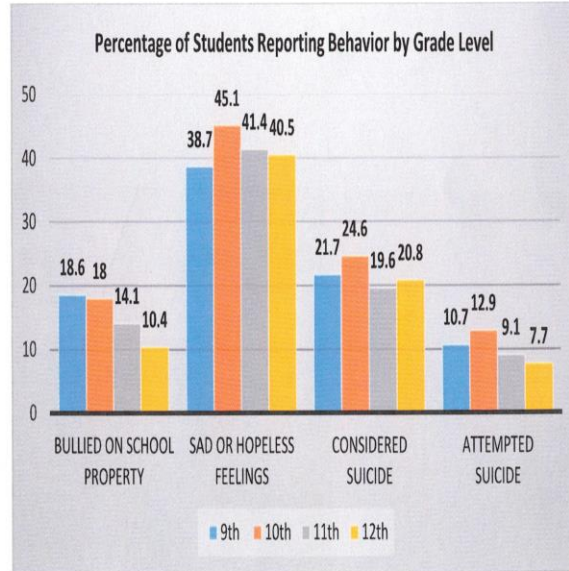
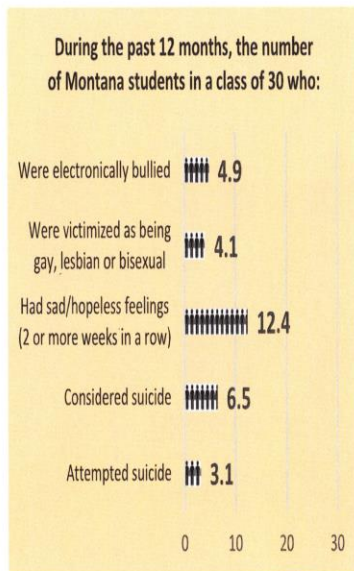
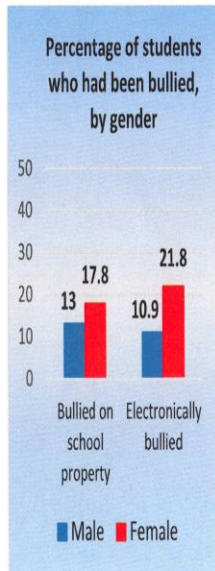
The top 10% of
 households earn
 56.6% of Park
 County income

6.6% agriculture jobs 30.5% travel and tourism jobs 7.7% government jobs

Montana Students and Mental Health

2021 Montana Youth Risk Behavior Survey
 Montana Office of Public Instruction, Elsie Arntzen, Superintendent

Bullying	Depression	Suicide Ideation
<p>16% of high school students had been bullied on school property during the past 12 months</p> <p>16% had been electronically bullied (texting, Instagram, Facebook, or other social media) during the past 12 months</p> <p>14% of students had been the victim of teasing or name calling because someone thought they were gay, lesbian or bisexual (GLB)</p>	<p>41% of students felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing usual activities</p> 	<p>22% of students seriously considered attempting suicide during the past 12 months</p> <p>18% of students made a plan about how they would attempt suicide</p> <p>10% of students actually attempted suicide</p> <p>Among students who attempted suicide, 32% had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse</p> 



2021 Park County Youth Risk Behavior Survey, Middle School and High School, Montana Office of Public Instruction, Elsie Arntzen, Superintendent

During the past 12 months have been bullied on school property.

Middle School, 19.17% High School, 12.12%

During the past 12 months have been bullied electronically (including texting, Instagram, Facebook or other social media)

Middle School, 19.17% High School, 10.53%

During the past 12 months have been the victim of teasing or name calling because someone thought you were gay, lesbian or bisexual.

Middle School, 15.98% High School, 8.27%

During the past 12 months, felt so sad or hopeless almost every day for two weeks or more that they stopped doing some usual activities.

Middle School, 30.41% High School, 39.85%

During the past 12 months, seriously considered attempting suicide

Middle School, 14.06% High School, 18.05%

During the past 12 months, made a plan about how they would attempt suicide.

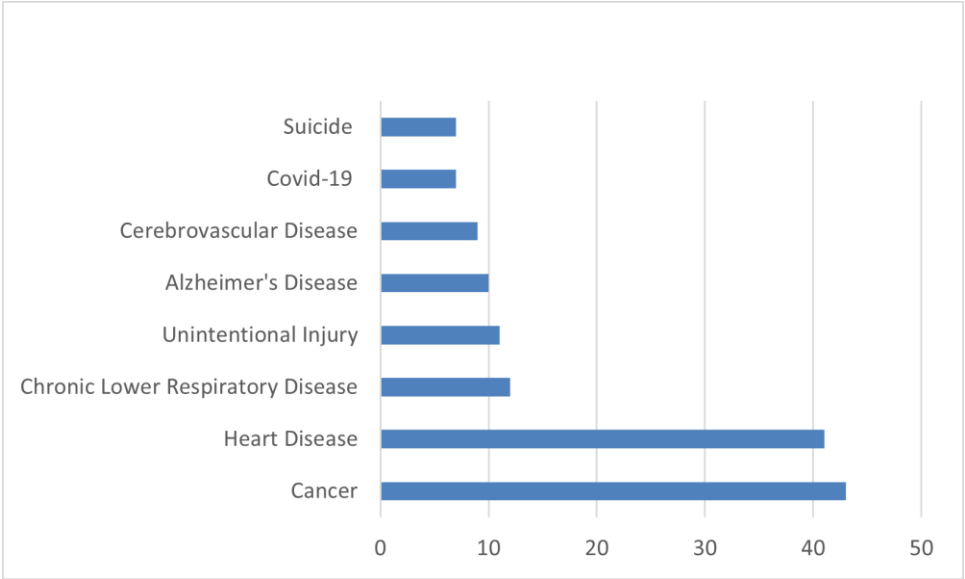
Middle School, 15.10% High School, 16.54%

During the past 12 months, actually attempted suicide.

Middle School, 7.2% High School, 9.85%

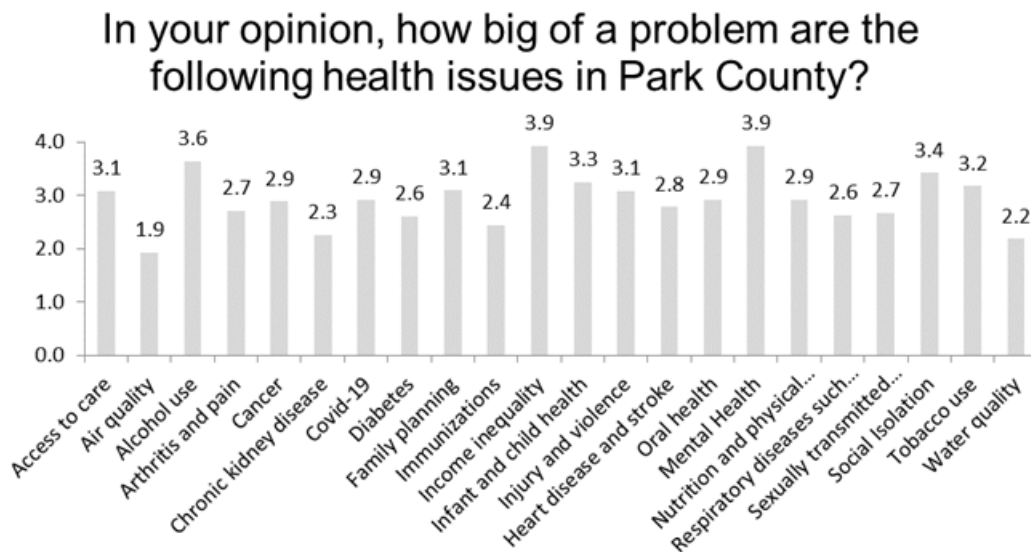


Leading Causes of Death, Park County, 2020, published by Montana Office of Epidemiology and Scientific Support, 2/2022.



Community Feedback on Prioritization of Health Needs

Community stakeholders were asked to rate the degree to which each of 22 health issues is a problem in their own community, using a scale of 1-5, 5 being a “major problem” to 1 being a “minor problem,” or zero “no problem at all.” (Note that these ratings alone do not establish priorities for this assessment; rather, they are one of several data inputs considered in the priority areas of the Community Health Improvement Plan.



Park City County Health Department convened professionally facilitated community working groups over the summer of 2022 which produced the Community Health Improvement Plan (CHIP) for 2022-2025. See appendix for full CHIP.



Local Resources Available to Address the Significant Health Needs

The following represent potential measures and resources (such as programs, organizations, and facilities in the community) identified by key informants as available to address the significant health needs identified in this report. This list only reflects input at the time of the survey and should not be considered an exhaustive nor an all-inclusive list of available resources:

Adult Services

Adult Protective Services

Adult Protective Service Specialists, help protect vulnerable adults from abuse, neglect, and exploitation, by working closely with the courts, law enforcement, public health services, mental health services, and other community groups.

To make a report of suspected elder abuse, neglect or exploitation call:

1 (844) 277-9300 or make a report online by visiting:

<https://dphhs.mt.gov/sltc/aps>

Angel Line

Provides transportation services to seniors (over 60), disabled people of all ages, and people who are assisting senior citizens or other persons requiring special care. Angel Line transports for medical appointments, recreation, etc. Monday - Friday 8:00-4:30pm.

Angel Line
206 W. Main St.
Livingston, MT 59047
(406) 222-4668

Caslen Assisted Living Center

Assisted Living Facility and supportive services for seniors that require assistance with everyday activities including meals, medication management, bathing, transportation.

Caslen Living Center, Inc.
1301 & 1303 Wineglass Ln.
Livingston, MT 59047
Phone: (406) 222-0797
<http://www.caslenlc.com/facility/livingston>

Community First Choice/ Personal Assistance Programs

The Community First Choice and Personal Assistance Services Programs through Montana Medicaid, are programs designed to provide long term supportive care in a home setting. Enabling Montana's senior and disabled citizens to remain in their homes. Services are tailored to meet the individual needs of the person, depending on their living situation, and the availability of caregivers. For information on eligibility and services go to <https://dphhs.mt.gov/MontanaHealthcarePrograms>

For more information please contact: Abby Holm, Program Manager
Montana Senior and Long Term Care
Community Services Division
(406) 444-4564

Livingston Health & Rehabilitation Center

Nursing home providing short-term and long-term care services, including Memory Care Services, Rehabilitation Therapy, Post-Acute care services, Respite, Hospice, and skilled nursing services.
510 South 14th St.
Livingston, MT 59047
(406) 222-0672
www.livingstonhealthand rehab.com

Frontier Assisted Living Facility

Frontier Assisted Living offers activities at their location for residents. These activities generally allow residents to maintain healthy lifestyles by encouraging movement and socializing with their peers. Diabetic care services, hospice, memory care, incontinence care, and non-ambulatory care are just a few of the other services provided.

Frontier Assisted Living Facility

121 S. 3rd St.
Livingston, MT 59407
(406) 222-6102
https://wellnessmt.com/frontier-assisted-living/?fbclid=IwAR3SBXOXoK_DfRXyW3Mm1NCKxijqoGOGzJ0Xh5ZQipEyWfTPd65tNWnEA58

HRDC Homemaker Program

The Homemaker Program is a free service that allows primarily low-income seniors to maintain their independence by providing assistance with daily living such as light housekeeping, running errands, allowing seniors to remain in their home as long as possible.

Homemaker Program
111 South 2nd St.
Livingston, MT 59047
(406) 333-2883

Livingston Adult Community Education (ACE)

Livingston School District's Adult Community Education program. The program focuses on helping adults in Livingston and beyond discover and enrich their passions and professions. Some classes include writing, art, woodworking, pottery, gardening, and yoga. Click on the link below to view current offerings and to get information.

Livingston ACE
132 South B Street
Livingston MT 59047
(406) 671-5446
<http://livingstonace.org/>

Retired Seniors Volunteer Program (RSVP)

Volunteers, age 55 and older, focus on meeting local community needs through meaningful volunteer service. RSVP can offer a variety of volunteer opportunities with dozens of local organizations. Volunteers choose how much time and where you want to volunteer. Volunteering helps others but just as important it also helps you, the volunteer.

Program Coordinator
P: (406) 222-2281
rsvp@thehrdc.org

Behavioral & Mental Health

Alcoholics Anonymous

A group of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Alcoholics Anonymous
(406) 222-1922
(406) 223-3438 Hotline
<https://www.aa-montana.org/meetings.php?city=Livingston>

Community Health Partners

[Providing behavioral health support to community members.](#)

112 West Lewis St. Livingston, MT
406-222-1111

L'esprit Behavioral Health Center

L'esprit is a mental health center that offers support for youth, families, and adults. L'esprit has wrap around services that include Counseling, Case Management, Mentoring, Crisis Support, School-Based Support, Youth Day Treatment, Home Support Services, Psychiatric Services and Medication Management. L'esprit has substance abuse treatment services for both adults and adolescents that include: Addictions Counseling, Counseling, Groups, Family Counseling, Case Management, Mentoring, Crisis Support, Peer Support, Drug Testing, Psychiatric Services and Medication Management. L'esprit offers monthly Prime For Life classes.

L'esprit
120 S. Main St.
Livingston, MT 59047
(406) 222-7641
<http://lespritmt.com/>

Livingston HealthCare

Livingston HealthCare offers full-service Behavioral Health Services focused on the diagnosis, treatment, and prevention of mental, emotional, and behavioral disorders.

Livingston HealthCare
320 Alpenglow Ln.
Livingston, MT 59047
(406) 222-3541

<https://www.livingstonhealthcare.org/Services/Psychiatry.aspx>

Southwest Chemical Dependency Center Program

Southwest Chemical Dependency Center provides individuals and family counseling for individuals struggling with substance abuse and sobriety issues. Sober living, Dialectical Behavior Therapy (DBT), Group meetings and co-dependency meetings are offered weekly. Drug testing services available for those seeking Commercial Drivers Licensing.

Southwest Chemical Dependency Center
430 E. Park St.
Livingston, MT 59047
(406) 222-2812
email: swcdp@aol.com

Montana Suicide Prevention Lifeline

If you are in crisis, help is available. Call the Montana Suicide Prevention Lifeline, anytime 24/7, or go to your nearest emergency medical center.

Montana Suicide Prevention Lifeline

988 National suicide and crisis lifeline
1 (800) 273 TALK
(1 (800) 273-8255
or text "MT" to 741-741
<https://suicidepreventionlifeline.org/>

Rise

Crisis line for youth 24/7, group supports for grief and suicide for youth and adults. The Cool Café after school program offering a free hangout with free snacks and meals.

Youth Dynamics

Youth Dynamics provides a wide range of strength-based, client-centered, supportive mental health services to children and families.

Youth Dynamics
817 W. Park St.
Livingston, MT 59047
(406) 548-6607

<http://www.youthdynamics.org/>

Children and Family Services

Big Brothers Big Sisters of Park & Sweet Grass Counties

It provides children facing adversity with strong professionally supported one-on-one relationships, to help the children to achieve success in life. BBBS partners with parents, volunteers, and other programs in the community.

Big Brothers Big Sisters
105 South 2nd St.
Livingston, MT 59047
(406) 222-1930
<https://www.bbbsparkcounty.org/>

Childcare Connections

A resource and referral agency that helps make childcare affordable and available for working families.

Child Care Connections
1143 Stoneridge Dr.
Bozeman, MT 59715
(406) 587-7786
<http://www.childcareconnections.info/>

HRDC-Head Start

A free preschool program for children 3-5 years old. Eligibility is based on income, needs of the family.

HRDC- Head Start
201 South F St.
Livingston, MT 59047
<https://thehrdc.org/how-we-help/children/head-start-preschool/>

Learning Partners, Parents as Teachers Program

Parents as Teacher's home visiting educational program. This program is designed to promote optimal early development, learning, and health of young children by engaging their parents/caregivers, which empowers parents/caregivers to become self-reliant.

Parents as Teachers Program
Learning Partners
112 W. Lewis St.
Livingston, MT 59047
(406) 823-6356
<http://www.chphealthmt.org/cl-lp.html>

Montana DPHHS Child and Family Services Division

Federally mandated protective services for children who have been or are at substantial risk of abuse, neglect or abandonment. Investigates allegations of abuse or neglect. Works closely with the court, law enforcement, and other community service providers to obtain services for youth. Recognizes the protective capacities of families and incorporates them in assessments, decision making and actions with the goal of improving safety, permanency and well being for children.

Encourages communities to strengthen their prevention efforts and to share responsibility for the safety of their children and families. Foster parent training and licensing, home studies, resource, and referrals.

To report suspected abuse or neglect call:

1 (866) 820-5734
<https://dphhs.mt.gov/cfsd>

Energy Assistance

Energy Share of Montana

The primary purpose is to help Montanans faced with energy emergencies meet their needs and move towards self-reliance. Offers referrals for Furnace & Water Heater Safety & Efficiency Programs, Weatherization Programs.

Energy Share of Montana

1-888-779-7589

<https://www.energysharemt.com/>

HRDC- Low Income Energy Assistance Program (LIEAP)

Provides help to eligible households during the winter months by paying a portion of their winter heating cost (October-April). May also include help with households that heat their home with wood.

HRDC Livingston

111 S. 2nd St.

Livingston, MT 59047

(406) 333-2537

<https://thehrdc.org/how-we-help/energy/heat-bill-assistance/>

Health Care

Community Health Partners

Community Health Partners (CHP) medical clinic provides primary care services to adults and pediatric patients on chronic and acute illness, wellness exams and prevention strategies, family planning, and many other services. CHP also offers dental services, behavioral health, and medication management.

CHP accepts all forms of insurance, including Medicaid and Medicare, Healthy Montana Kids, private insurance as well as a sliding fee scale for patients not currently served by insurance.

Mon., Wed., Fri: 8 AM-5 PM

Tue, Thur.: 8 AM-7 PM

Saturday: 8 AM-NOON

Sunday: CLOSED

Community Health Partners

112 W. Lewis St.

Livingston, MT 59047

(406) 222-1111 CHP

(406) 946-4291 Dental Clinic

<http://www.chphealthmt.org/index.html>

Livingston HealthCare

Livingston HealthCare is a full-service medical center, providing critical services and rated as a level 4 trauma center. Livingston HealthCare provides a variety of community benefit programs such as Athlete Wellness, Diabetes Education, Family-Centered Prenatal Education and much more!

Livingston HealthCare

320 Alpenglow Lane
Livingston, MT 59047
(406) 222-3541
<https://www.livingstonhealthcare.org/>

Housing

Family Promise

Family Promise provides shelter assistance and full-time case management services to Gallatin County families experiencing homelessness and helps empower homeless families with children to achieve self-sufficiency through partnerships, services, and advocacy. They coordinate an Interfaith Hospitality Network made up of faith-based communities throughout the Gallatin Valley.

Family Promise
429 East Story Street
Bozeman, MT 59715
(406) 582-7388
<http://www.familypromisegv.org/>

HRDC- Warming Center Livingston, open November through March only

Important Information:

1. The Warming Center is a low barrier, warm and safe place to sleep at night
2. Check-in is 7pm - 11pm
3. Check-out is 7 am
4. Entrance is via the alley at 119 S. 2nd St
5. There are overnight staff and volunteers
6. Separate rooms for men, women, and families
7. Common area with TV/DVD player, books, games, puzzles
8. Heavy snacks (soup, cereal), hot drinks available

HRDC- Livingston

111 S. 2nd St.
Livingston, MT 59047
333-2537
https://hrdc9.galaxydigital.com/agency/detail/?agency_id=94431

HRDC- Warming Center- Bozeman

The Warming Center offers seasonal shelter to anyone in need- families with children, single adults, and couples are welcome. Separate sleeping areas are provided. Trained staff and volunteers are on-site at all times during operating hours.

The Warming Center is open 7:00 pm-7:00 am 7 days a week during the winter months. HRDC offers the Streamline Bus Service from Livingston to Bozeman, free of charge. <https://streamlinebus.com/>

Warming Center
2104 Industrial Dr.
Bozeman, MT 59715
(406) 585-3538
<https://thehrdc.org/how-we-help/emergency-assistance/emergency-housing/>

Montana Department of Revenue

The Montana Elderly Homeowner/Renter Credit program is a property tax relief program that provides a

refundable income tax credit of up to \$1,000. Montana homeowners or renters age 62 or older may qualify for this program even if you do not have to file an income tax return if they meet the eligibility criteria.

Montana Department of Revenue
1201 US Hwy 10 West, Unit D2
Livingston, MT 59047
Phone (406) 222-4919
DORProp4B@mt.gov

Local Resources

ASPEN (Abuse Support Prevention Education Network) Assistance for Domestic Violence and Sexual Assault, advocacy, safe house and prevention services and programming.

ASPEN

411 East Calendar
(406) 222-5902 main phone
24/7 Support Line (406) 222-8154

Community Closet

Local thrift store offering low-cost everyday items for individuals in need. Vouchers are given to those who cannot afford needed purchases but must meet eligibility criteria.

Community Closet
416 E. Park St.
Livingston, MT 59047
(406) 222-6200
<https://www.communitycloset.org/community-closet>

Livingston Area Chamber of Commerce
It offers a variety of exposure opportunities through connections with visitors, residents, and newcomers utilizing social media, web site marketing, networking events, ribbon cuttings, and more.

Livingston Area Chamber of Commerce
303 E. Park St.
Livingston, MT 59047
(406) 222-0850
www.livingston-chamber.com

Livingston Food Resource Center

Livingston Food Resource Center distributes monthly food boxes, senior commodities, students "Healthy Weekend bags", and offers a holiday food support program. Center is reliant on donations and support from the community. Fresh produce and bread may be picked up Tuesdays and Thursdays from 1:00-5:00 pm.

Food Distribution Hours 1:00-5:00 pm

202 South 2nd St.
Livingston, MT 59047
(406) 222-5335
<http://livingstonfrc.org/>

Loaves and Fishes

Provides free meals on a daily basis from 4-6 pm for families and individuals in need.

Loaves & Fishes
301 S. Main St.
Livingston, MT 59047
(406) 222-4824

Meals in Wheels

206 S. Main Street, Livingston
(406) 333-2490

Livingston Park County Public Library

Open to all residents seeking access to information. Special items are available to seniors including large print books, unabridged audiobooks. Access to computers and the internet available. Bozeman Job Service visits the library to assist residents with building a resume, drafting a cover letter, or navigating online applications. Call for days/hours.

Livingston Park County Public Library
225 E. Callender St.
Livingston, MT 59047
(406) 222-6200
<http://livingstonparkcountylibrary.blogspot.com/>

Healthy Montana Kids (HMK)

Healthy Montana Kids (HMK), Children's Health Insurance Plan offering a free or low-cost health insurance plan which provides coverage to eligible Montana children up to age 19. Benefits are administered through the Blue Cross Blue Shield (BCBS) of Montana Provider Network, except for Federally Qualified Health Centers, Rural Health Clinics and Community Based Psychiatric Rehabilitation and Support Services. Treatments and services must be medically necessary and the member must be enrolled at the time the service is delivered. Covered services include medical, dental, eyeglasses, and other related services.

Eligibility
Public Assistance Helpline
[Office of Public Assistance contact information](#)
(888) 706-1535

Medical Benefits

Blue Cross Blue Shield of Montana
(855) 258-3489

Pharmacy, Dental and Eyeglass Benefits

Federally Qualified Health Centers, Rural Health Clinics and Community Based Psychiatric Rehabilitation and Support Services
Montana Healthcare Programs, Member Helpline
(800) 362-8312

Montana DPHHS, Office of Public Assistance

Montana DPHHS provides cash assistance (TANF), supplemental nutrition assistance (SNAP, formerly food stamps), Medicaid, other services to those who are categorically eligible to move out of poverty and toward self-sufficiency. *This information is provided as a courtesy only.*

Apply for assistance in person, or for questions about your case:

Gallatin Co. Office of Public Assistance
12 North 3rd
Bozeman, MT 59407
hhshcsopagallatin@mt.gov

Apply by phones or for questions about your case:

Montana Public Assistance Helpline
1-888-706-1535

To see if your eligible, apply for benefits online, check the status of your benefits, or report changes to your case: <https://apply.mt.gov/>

Montana Homeowner/Renter Credit Program

The Montana Elderly Homeowner/Renter Credit program is a property tax relief program that provides a refundable income tax credit of up to \$1,000. Montana homeowners or renters age 62 or older may qualify for this program even if you do not have to file an income tax return if they meet the eligibility criteria.

Montana Department of Revenue

1201 US Hwy 10 West, Unit D2
Livingston, MT 59047
Phone (406) 222-4919
DORProp4B@mt.gov

Montana Veterans Affairs

Montana Veterans Affairs office has established a statewide network service for Montana's discharged veterans and their families. The VA office can assist with filing benefit claims, represent veterans and families in claims and appeals, obtain military service records, coordinate assistance with continuing education and more.

Belgrade Veteran Affairs Service Office
(406) 388-4601

<http://montanadma.org/montana-veterans-affairs>

Veteran Crisis Hotline:

1-800-273-TALK (8255)
www.veteranscrisisline.net

RCS Combat Call Center:

1-877-927-8387 (War Vets)

Park County Senior Center

Park County Senior Services provides a variety of programs and activities that promote the physical, intellectual and social well being of seniors 50 and older.

Park County Senior Center
206 S. Main St.
Livingston, MT 59047
(406) 333-2276

<http://www.parkcountyseniorcenter.com/>

Transportation

Streamline Bus

Free transit service from Livingston to Bozeman. Has connecting service throughout the Bozeman area, Belgrade and Four Corners. Offers seasonal routes to Bridger Bowl and connects with the Skyline Bus service for travel to and from Big Sky.

Livingston Service provided Monday through Friday departing at 5:50 am and arriving at 6:45 pm. Visit the website for the current schedule.

<https://streamlinebus.com/>

Park County Windrider

Windrider Transit provides a free fixed-route service delivery system to citizens and disabled persons in Livingston. All vehicles are ADA accessible and equipped with lifts. There is no fee to ride a Windrider bus., route available online.

Fixed Route Hours: Monday through Friday from 6:30 am to 5:50 pm and Saturdays from 8-noon.

Rides by appointment for medical service to Bozeman and Livingston offered. Call for information.

Ride Dispatch: (460) 922-5683

<http://www.parkcounty.org/Government-Departments/Transit/>



Appendix A:

CASPER Survey Results

Park County CASPER Results May 2022

Table 1. Residency

Statement	Frequency (n=120)	% Households	Projected Households	Projected %	95% CI
1. Select which best describes your residency in Park County					
Fulltime, 12 months a year	112	93.3	8959	93.3	92.8,93.8
Part time <12 months but >6 months	4	3.3	320	3.3	3.0,3.7
Part time <6 months	4	3.3	320	3.	3.0,3.7
Prefer not to say	0	0	0	0	0
2. I have lived at least part time in Park County for:					
Less than 3 years	21	17.8	1680	17.8	17.0,18.6
More than 3 years	92	78.0	7359	78.0	77.1,78.8
Prefer not to say	1	0.9	80	0.9	0.7,1.1
Not applicable	4	3.4	320	3.4	3.0,3.8

Table 2. Basic Needs

Statement	Frequency (n=120)	% Households	Projected Households	Projected %	95% CI
3. What best describes your housing situation					
Own	85	72.0	6799	72.0	71.1,72.9
Rent	27	22.9	2160	22.9	22.1,23.7
Unsure/don't know	5	4.2	400	4.2	3.9,4.7

Prefer not to say	1	0.9	80	0.9	0.7,1.1
4. In the past 12 months, have you been asked to move out of your home in Park County or had to move out because of rent or mortgage increases?					
Yes	6	5.1	480	5.1	4.7,5.6
No	110	94.0	8799	94.0	93.5,94.5
Unsure/don't know	1	0.9	80	0.9	0.7,1.1
Prefer not to say	0	0	0	0	0
5. Do any of the following cause you/your household concern? Select all that apply.					
Paying rent or mortgage	26	21.7	2080	21.7	20.9,22.5
Finding a place for your family to live	17	14.2	1360	14.2	13.5,14.9
Change in the stock market investments	32	26.7	2560	26.7	25.8,27.6
Paying for groceries/meals	28	23.3	2240	23.3	22.5,24.2
Paying for utilities	19	15.8	1520	15.8	15.1,16.6
Paying for childcare	3	2.5	240	2.5	2.2,2.8
Finding childcare	6	5.0	480	5.0	4.6,5.5
Having a reliable vehicle	13	10.8	1040	10.8	10.2,11.5
Paying for healthcare, insurance, medications	33	27.5	2640	26.6	26.6,28.4
Paying for gas and vehicle maintenance	44	36.7	3520	36.7	35.7,37.6
Paying for clothing	7	5.8	560	5.8	5.4,6.3
None are concerns	38	31.7	3040	31.7	30.7,32.6
Unsure/don't know	3	2.5	240	2.5	2.2,2.8

Prefer not to say	0	0	0	0	0
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Table 3. Family Safety and Security

Statement	Frequency (n=120)	% Households	Projected Households	Projected %	95% CI
6. Do you have family or friends to turn to if you feel lonely or face an emergency and need help?					
Yes	106	89.8	8479	89.8	89.2,90.4
No	9	7.6	720	7.6	7.1,8.2
Unsure/don't know	3	2.5	240	2.5	2.2,2.9
Prefer not to say	0	0	0	0	0

7. Do you have enough savings to cover all your household expenses for up to 3 months in the case of emergency?					
Yes	78	67.2	6239	67.2	66.3,68.2
No	20	17.2	1560	17.2	16.5,18.0
Unsure/don't know	9	7.8	720	7.8	7.2,8.3
Prefer not to say	9	7.8	720	7.8	7.2,8.3

8. Does your household rely on any of the following programs to help with food? Select all that apply.					
No/none apply	104	86.7	8319	86.7	86.0,87.3
SNAP	4	3.3	320	3.3	3.0,3.7
Free or reduced school lunch program	5	4.2	400	4.2	3.8,4.6
Weekend Backpack Program	0	0	0	0	0
Summer free lunch program	1	0.8	80	0.8	0.7,1.0
Unsure/don't know	1	0.8	80	0.8	0.7,1.0
Prefer not to say	2	1.7	160	1.7	1.4,1.9

9. Do you have children/young adults living in your household?					
Yes	39	32.8	3120	32.8	31.8,33.7

No	79	66.4	6319	66.4	65.4,67.3
Prefer not to say	1	0.8	80	0.8	0.7,1.0
10. In the last 3 months, have you been concerned about any of the following behaviors in children/young adults in your household? Select all that apply.					
Frustration/anger towards others in household	4	3.3	320	3.3	3.0,3.7
Frustration/anger towards pets in household	1	0.8	80	0.8	0.7,1.0
Prescription drug abuse	0	0	0	0	0
Marijuana use	1	0.8	80	0.8	0.7,1.0
Alcohol use	2	1.7	160	1.7	1.4,1.9
Tobacco use	2	1.7	160	1.7	1.4, 1.9
Domestic violence	2	1.7	160	1.7	1.4,1.9
Depression or anxiety	12	10.0	960	10.0	9.4,10.6

Poor school performance	5	4.2	400	4.2	3.8, 4.6
Difficulty in finding or keeping a job	1	0.8	80	0.8	0.7, 1.0
Difficulty in building trust within the family or with friends	2	1.7	160	1.7	1.4,1.9
Suicidal thoughts or attempts	2	1.7	160	1.7	1.4,1.9
Illicit drug use	1	0.8	80	0.8	0.7,1.0
None	70	58.3	5599	58.3	57.3,59.3
Unsure/don't know	3	2.5	240	2.5	2.2,2.8
Prefer not to say	3	2.5	240	2.5	2.2,2.8
11. Do you have adequate free time to spend with your family or to take care of yourself?					
Yes	93	83.0	7439	83.0	82.2,83.8

No	16	14.3	1280	14.3	13.6,15.0
Unsure	1	0.9	80	0.9	0.7,1.1
Declined	2	1.8	160	1.8	1.5,2.1
12. In the last 3 months have you been concerned about any of the following behaviors in yourself or other adults in your household? Select all that apply.					
Frustration/anger towards others in household	7	5.8	560	5.8	5.4,6.3
Frustration/anger towards pets in household	1	0.8	80	0.8	0.7,1.0
Prescription drug abuse	2	1.7	160	1.7	1.4,1.9
Marijuana use	2	1.7	160	1.7	1.4,1.9
Alcohol use	6	5.0	480	5.0	4.6,5.5
Tobacco use	2	1.7	160	1.7	1.4,1.9
Domestic violence	0	0	0	0	0
Depression or anxiety	24	20.0	1920	20.0	19.2,20.8
Suicidal thoughts or attempts	1	0.8	80	0.8	0.7,1.0
Difficulty in finding or keeping a job	3	2.5	240	2.5	2.2,2.8
Difficulty in building trust within the family or friends	5	4.2	400	4.2	3.8,4.6
Gambling	2	1.7	160	1.7	1.4,1.9
Illicit drug use	0	0	0	0	0
None	82	68.3	6560	68.3	67.4,69.3
Unsure/don't know	0	0	0	0	0
Prefer not to say	1	0.8	80	0.8	0.7,1.0
13. Do you know anyone who has been a victim of violence in Park County in the past year?					
Yes	15	13.2	1200	13.2	12.5,13.9
No	92	80.7	7359	80.7	80.0,81.5

Unsure/don't know	6	5.3	480	5.3	4.8,5.7
Prefer not to say	1	0.9	80	0.9	0.7,1.1
14. Where do you go to for information or help? Select all that apply.					
Doctors office	53	44.2	4240	44.2	43.2,45.2
Hospital or ER	36	30.0	2880	30.0	29.1,30.9
Family/friends	76	63.3	6079	63.3	62.4,64.3
Internet/social media	30	25.0	2400	25.0	24.1,25.9
Counselor or psychiatrist	26	21.7	2080	21.7	20.9,22.5
School	8	6.7	640	6.7	6.2,7.2
Church or religious groups	19	15.8	1520	15.8	15.1,16.6
911 or law enforcement	36	30.0	2880	30.0	29.1,30.9
Don't know where to go for help	2	1.7	160	1.7	1.4,1.9
Cant afford to go for help	1	0.8	80	0.8	0.7,1.0
Don't want to go for help/nothing can help	0	0	0	0	0
Don't need any help	13	10.8	1040	10.8	10.2,11.5
Prefer not to say	3	2.5	240	2.5	2.2,2.8

Statement	Frequency (n=120)	% Households	Projected Households	Projected %	95% CI
15. Do you feel any stress or worry about issues outside your home? Select all that apply.					
Worry about kids not being safe in the community	18	15.0	1440	15.0	14.3,15.7
Climate, wildfires, smoke, drought	69	57.5	5519	57.5	56.5,58.5

National or international news events	60	50.0	4800	50.0	49.0,51.0
Traffic concerns	29	24.2	2320	24.2	23.3,25.0
Change in community character	49	40.8	3920	40.8	39.9,44.8
Community violence	6	5.0	480	5.0	4.6,5.5
Ability to hire workers to help with household projects	22	18.3	1760	18.3	17.6,19.1
Unsure/don't know	6	5.0	480	5.0	4.6,5.5
Prefer not to say	5	4.2	400	4.2	3.8,4.6
16. Have you considered moving out of Park County in the past year?					
Yes	43	36.4	3440	36.4	35.5,37.4
No	72	61.0	5759	61.0	60.0,62.0
Unsure/don't know	2	1.7	160	1.7	1.5,2.0
Prefer not to say	1	0.9	80	0.9	0.7,1.1
17. If yes, why? Select all that apply. (n=43)					
Cost of living too high	26	60.4	-	-	-
Cant find good work	6	14.0	-	-	-
Cant find a place to live	8	18.6	-	-	-
Want to be closer to family/friends	9	20.9	-	-	-
Hard to make friends here	6	14.0	-	-	-
Community has changed	23	53.5	-	-	-
Health reasons	1	2.3	-	-	-

Unsure/don't know	2	4.7	-	-	-
Prefer not to say	0	0	-	-	-
18. Of the following, who do you feel you can trust? Select all that apply.					
My local government	38	31.7	3040	31.7	30.7,32.6
Federal government	24	20.0	1920	20.0	19.2,20.8
Local schools	49	40.8	3920	40.8	39.9,41.8
Mainstream news media	17	14.2	1360	14.2	13.5,14.9
My neighbor	71	59.2	5679	59.2	58.2,60.2
My local elections	37	30.8	2960	30.8	29.9,31.8
My local law enforcement	65	54.2	5199	54.2	53.2,55.2
My local healthcare provider	63	52.5	5039	52.5	51.5,53.5
None	10	8.3	800	8.3	7.8,8.9
Unsure/don't know	6	5.0	480	5.0	4.6,5.5
Prefer not to say	5	4.2	400	4.2	3.8,4.6
19. What is/are your most trusted source(s) of news and information. Select all that apply.					
Schools	15	12.5	1200	12.5	11.9,13.2
Friends and family	40	33.3	3200	33.3	32.4,34.3
Livingston Enterprise	34	28.3	2720	28.3	27.4,29.2
Montana Pioneer	0	0	0	0	0
KTVQ	16	13.3	1280	13.3	12.7,14.0
KULR 8	21	17.5	1680	17.5	16.8,18.3
KISS FM	1	0.8	80	0.8	0.7,1.0
NPR/YPR	30	25.0	2400	25.0	24.1,25.9
KGLT	7	5.8	560	5.8	5.4,6.3
KICK County	0	0	0	0	0
Fox News	17	14.2	1360	14.2	13.5,14.9
CNN	24	20.0	1920	20.0	19.2,20.8

Billings Gazette	9	7.5	720	7.5	7.0,8.0
Bozeman Chronicle	12	10.0	960	10.0	9.4,10.6
Facebook	8	6.7	640	6.7	6.2,7.2
Community newsletter	13	10.8	1040	10.8	10.2,11.5
Twitter	2	1.7	160	1.7	1.4,1.9
TikTok	2	1.7	160	1.7	1.4,1.9
Instagram	2	1.7	160	1.7	1.4,1.9
Individual websites or community orgs	19	15.8	1520	15.8	15.1,16.6
Church	14	11.7	1120	11.7	11.0,12.3
None	8	6.7	640	6.7	6.2,7.2
Unsure/don't know	2	1.7	160	1.7	1.4,1.9
Prefer not to say	2	1.7	160	1.7	1.4,1.9

Table 5. Community Life

Statement	Frequency (n=120)	% Households	Projected Households	Projected %	95% CI
20. I believe Park County is a good place to grow old.					
Strongly agree	37	31.6	2960	31.6	30.7,32.6
Somewhat agree	38	32.5	3040	32.5	31.5,33.4
Neither agree nor disagree	13	11.1	1040	11.1	10.5,11.8
Somewhat disagree	13	11.1	1040	11.1	10.5,11.8
Strongly disagree	10	8.6	800	8.6	8.0,9.1
Unsure/don't know	6	5.1	480	5.1	4.7,5.6
Prefer not to say	0	0	0	0	0
21. I believe Park County is a good place to raise a family.					
Strongly agree	0	0	0	0	0
Somewhat agree	37	31.4	2960	31.4	30.4,32.3
Neither agree nor disagree	11	9.3	880	9.3	8.8,9.9
Somewhat disagree	13	11.0	1040	11.0	10.4,11.7

Strongly disagree	51	43.2	4080	43.2	42.2,44.2
Unsure/don't know	5	4.2	400	4.2	3.9,4.7
Prefer not to say	1	0.9	80	0.9	0.7,1.1
22. I believe people of all races, ethnicities, backgrounds, economic status, and beliefs in my community are treated fairly.					
Strongly agree	23	19.5	1840	19.5	18.7,20.3
Somewhat agree	40	33.9	3200	33.9	33.0,34.9
Neither agree nor disagree	14	11.9	1120	11.9	11.2,12.5
Somewhat disagree	14	11.9	1120	11.9	11.2,12.5
Strongly disagree	11	9.3	880	9.3	8.8,9.9
Unsure/don't know	16	13.6	1280	13.6	12.9,14.3
Prefer not to say	0	0	0	0	0
23. I believe I can get the healthcare I need in my community.					
Strongly agree	43	36.4	3440	36.4	35.5,37.4
Somewhat agree	37	31.4	2960	31.4	30.4,32.3
Neither agree nor disagree	15	12.7	1200	12.7	12.1,13.4
Somewhat disagree	12	10.2	960	10.2	9.6,10.8
Strongly disagree	8	6.8	640	6.8	6.3,7.3
Unsure/don't know	3	2.5	240	2.5	6.3,7.3
Prefer not to say	0	0	0	0	0
24. I feel connected to my community					
Strongly agree	26	22.0	2080	22.0	21.2,22.9
Somewhat agree	54	45.8	4320	45.8	44.8,46.8
Neither agree nor disagree	20	17.0	1600	17.0	16.2,17.7
Somewhat disagree	11	9.3	880	9.3	8.8,9.9
Strongly disagree	4	3.4	320	3.4	3.0,3.8
Unsure/don't know	3	2.5	240	2.5	2.2,2.9
Prefer not to say	0	0	0	0	
25. I belong to one or more local community organizations such as a club, church, or nonprofit.					
Yes	60	50.4	4800	50.4	49.4,51.4
No	49	41.2	3920	41.2	40.2,42.2
Unsure/don't know	4	3.4	320	3.4	3.0,3.7

Prefer not to say	6	5.0	480	5.0	4.6,5.5
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Table 6. Public Transportation

Statement	Frequency (n=120)	% Households	Projected Households	Projected %	95% CI
26. Have you ever used the Windrider Transit bus transportation service that offers free fixed route services throughout the city of Livingston?					
Yes	3	2.6	240	2.6	2.3,3.0
No	111	97.4	8879	97.4	97.0,97.7
Unsure/don't know	0	0	0	0	0
Prefer not to say	0	0	0	0	0
27. If no, why not? Select all that apply.					
Didn't know about it	19	15.8	1520	15.8	15.1,16.6
Doesn't fit my schedule	4	3.3	320	3.3	3.0,3.7
Cant get to the bus stop	1	0.8	80	0.8	0.7,1.0
Easier to drive	32	26.7	2560	26.7	25.8,27.6
Don't need public transportation	52	43.3	4160	43.3	42.3,44.3
Unsure/don't know	2	1.7	160	1.7	1.4,1.9
Prefer not to say	2	1.7	160	1.7	1.4,1.9
28. Are you aware that Windrider Transit offers fare free bus service to Bozeman for Medical/Dental/Vision/Behavioral Health appointments on Tuesday and Wednesday by appointment?					
Yes	45	39.1	3600	39.1	38.1,40.1
No	65	56.5	5199	56.5	55.5,57.5
Unsure/don't know	5	4.4	400	4.4	4.0,4.8
Prefer not to say	0	0	0	0	0
29. If bus service was offered to Billings for Medical/Dental/Vision/Behavioral Health appointments two days per month, would you be interested in this type of transportation?					
Yes	33	28.5	2640	28.5	27.5,29.4
No	59	50.9	4720	50.9	49.8,51.9
Unsure/don't know	21	18.1	1680	18.1	17.3,18.9
Prefer not to say	3	2.6	240	2.6	2.3,2.9

Table 7. Employment

Statement	Frequency (n=120)	% Households	Projected Households	Projected %	95% CI
30. What best describes your employment status?					
Employed fulltime	53	44.2	5359	55.8	54.8,56.8
Employed part time	10	8.3	800	8.3	7.8,8.9
Retired	38	31.7	3040	31.7	30.7,32.6
Student	4	3.3	320	3.3	3.0,3.7
Armed forces/ military	1	0.8	80	0.8	0.7,1.0
Self-employed	18	15.0	1440	15.0	14.3,15.7
Stay at home parent	5	4.2	400	4.2	3.8,4.6
Unable to work due to illness or injury	2	1.7	160	1.7	1.4,1.9
Unemployed for less than one year	0	0	0	0	0
Unemployed for more than one year	1	0.8	80	0.8	0.7,1.0
Unsure/don't know	0	0	0	0	0
Prefer not to say	2	1.7	160	1.7	1.4,1.9
31. Are you currently working for an employer based in Park County, including self-employment?					
Yes	56	51.9	4480	51.9	50.8,52.9
No	49	45.4	3920	45.4	44.3,46.4
Unsure/don't know	3	2.8	240	2.8	2.5,3.2
Prefer not to say	0	0	0	0	0
32. Do you get healthcare benefits from your employer?					
Yes	42	40.0	3360	40.0	39.0,41.1
No	59	56.2	4720	56.2	55.1,57.3
Unsure/don't know	4	3.8	320	3.8	3.4,4.2
Prefer not to say	0	0	0	0	0
33. Do you get retirement benefits from your employer?					

Yes	48	48.0	3840	48.0	46.9,49.1
No	47	47.0	3760	47.0	45.9,48.1
Unsure/don't know	1	1.0	80	1.0	0.8,1.2
Prefer not to say	4	4.0	320	4.0	3.6,4.5
34. Do you work remotely?					
Yes	25	24.0	2000	24.0	23.1,25.0
No	76	73.1	3079	73.1	72.1,74.0
Unsure/don't know	1	1.0	80	1.0	0.8,1.2
Prefer not to say	2	1.9	160	1.9	1.7,2.2
35. Do you commute to work?					
Yes	32	30.8	2560	30.8	29.8,31.8
No	70	67.3	5599	67.3	66.3,68.3
Unsure/don't know	2	1.9	160	1.9	1.7,2.2
Prefer not to say	0	0	0	0	0
36. Where do you commute?					
Gallatin	112	93.3	8959	93.3	92.8,93.8
Sweet Grass	1	0.8	80	0.8	0.7,1.0
Other	7	5.8	560	5.8	5.4,6.3
37. Do you receive social benefits such as social security or disability?					
Yes	43	37.1	3440	37.1	36.1,38.1
No	71	61.2	5679	61.2	60.2,62.2
Unsure/don't know	2	1.7	160	1.7	1.5,2.0
Prefer not to say	0	0	0	0	0
38. Has your income kept up with your expenses in the past year?					
Yes	64	55.7	5119	55.7	54.6,56.7
No	38	33.0	3040	33.0	32.1,34.0
Unsure/don't know	9	7.8	720	7.8	7.3,8.4
Prefer not to say	4	3.5	320	3.5	3.1,3.9
39. I believe a person can live comfortably in Park County, including all household expenses, transportation, healthcare, leisure, savings, and retirement, earning to the following take home monthly wage.					
\$2000	4	3.5	320	3.5	3.1,3.8
\$4000	38	32.8	3040	32.8	31.8,33.7
\$6000	32	27.6	2560	27.6	26.7,28.5
\$8000	12	10.3	960	10.3	9.7,11.0

\$10,000	6	5.2	480	5.2	4.7,5.6
Unsure/don't know	15	12.9	1200	12.9	12.3,13.6
Prefer not to say	9	7.8	720	7.8	7.2,8.3
40. Does someone in your household work more than one job to pay household bills?					
Yes	19	16.8	1520	16.8	16.1,17.6
No	89	78.8	7119	78.8	77.9,79.6
Unsure/don't know	5	4.4	400	4.4	4.0,4.9
Prefer not to say	0	0	0	0	0



Appendix B:

Evaluation of Past Work from Livingston HealthCare's Community Health Improvement Plan (2019-2022)

The prioritized health needs as determined through the assessment which the facility will be addressing relate to the following health issues.

1. Behavioral Health
2. Community Wellness
3. Access to Care

The following planned actions were implemented successfully within LHC per the 2019 Community Health Improvement Plan.

Integrated Behavioral Health

<i>Completed Action</i>	<i>Impact</i>
1. Expand utilization of team-based care within the Ranger Clinic and RHC	Added RN Care Coordinator and Medical Assistant position to Behavioral Health Team in RHC which improved coordination of care and patient outcomes.
2. Develop care pathways for Behavioral Health Services.	Increased staff and provider knowledge related to importance of screening as well as resources available to support patients and their families in a team-based approach to treatment.
3. Behavioral Health workforce training.	Certification/Training for RN/MA's in mental health first aid or fundamentals of behavioral health.
4. Evaluate Gaps in Service and Overall Strategy for Behavioral Health Services.	Behavioral Health Team went through a strategic planning process for potential expansion of services.

Pediatric and Adolescent Behavioral Health

<i>Completed Action</i>	<i>Impact</i>
1. Implement school- based outpatient treatment (SBOT) for behavioral health services	Improved access to BH services for students, with onsite access provided at Park High Ranger Clinic Improved communication and coordination of care for students. Expand availability of behavioral health services for adolescents in Park County.

2. Recruit and Hire clinical psychologist.	Clinical Psychologist hired and implemented into Ranger Clinic 2020, pandemic caused some challenges but fully integrated as of fall 2022.
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Emergency Department Behavioral Health

<i>Completed Action</i>	<i>Impact</i>
1. Increase collaboration with community partners to support patient needs	Enhanced relationships with community partners to provide support services to patients. Signed Charter for Park County Behavioral Health Crisis Response Coalition

Trauma Informed Care

<i>Completed Action</i>	<i>Impact</i>
1. Create consistent education for providers and care givers regarding Trauma, ACES, its prevalence and types.	Incorporated Adverse Childhood Experiences presentation for all new employees during bi-monthly new employee orientation
2. Use community events as avenues for education and awareness	LW49 employee's trained as youth and adult mental health first aid trainers and provides training to the LHC staff and community
3. Community wide and LHC workforce education and training on QPR	Increase awareness of suicide prevention resources and tools through the LiveWell49 Coalition. Create a community of gatekeepers for identifying individuals with mental health crisis using trained QPR employees.

Connect Referral

<i>Completed Action</i>	<i>Impact</i>
1. Increased use of Connect Referral to connect patients with support and services they need	Increased staff and provider awareness of patients struggling with social determinants of health and connect them with resources available.

Unintentional Injury and Violence

<i>Completed Action</i>	<i>Impact</i>
1. Trauma prevention education. Focus on bicycle safety.	Promote bicycle safety throughout the community. Partnered with the Cayden James Leonard Bike Rodeo to provide education and free bicycle helmets.

Health Education

<i>Completed Action</i>	<i>Impact</i>
1. Continue and enhance community educational offerings	Enhance patient knowledge and improved self-management, through virtual fitness and diabetes prevention and healthy lifestyles classes.
2. Enhancement of internal education and reference materials through a healthcare best practice reference (Lippincott)	Healthcare providers have access to and expand knowledge of best practices and clinical practice evidence-based guidelines.
3. Enhanced transitions of care by improving communication and education at discharge from LHC services.	Improve patient experience and outcomes through patient engagement and education of after care and self-management through expanded care coordination efforts.

Support Active Lifestyle and Physical Activity

<i>Completed Action</i>	<i>Impact</i>
1. Participate in and Support local 'active lifestyle' events/ programs (Night Owl Race, Moose Chase Race)	Increased participation in sponsorships and support of local events/ programs for LHC staff as well as community members
2. Sponsored 3 seasons of local Girls on the Run program in partnership local elementary schools.	Provided mentorship and encouragement for local girls using an evidence-based enrichment curriculum for 3rd, 4th, 5 th grade girls that includes running.

Substance Abuse

<i>Completed Action</i>	<i>Impact</i>
Revise and implement system-wide opioid prescribing policy, which includes patient contracts to assure patient safety, education, monitoring and compliance.	Implementation of Prescribing policy: PCMM-400 Guidelines for Chronic Controlled Substance Prescribing
Evaluate alternative treatment options to opiates for pain management.	Cultivate stronger collaboration for alternative treatment options utilizing therapy services. It is in our policy for prescribing.
Implemented electronic prescribing of controlled substances	Help prevent potential drug diversion through electronic monitoring of drug inventories, dispensing, waste etc.