



Congratulations on turning 65! Livingston HealthCare would like to help you maximize your Medicare Part B wellness benefits. Medicare Part B offers a wellness program with one initial "Welcome to Medicare" visit in the first 12 months of enrollment. "Annual Wellness" visits are covered every 12 months after that. This letter is about your "Welcome to Medicare" benefit.

The "Welcome to Medicare" is a focused physical exam, review of the patient's health, and development of a plan to keep the patient healthy. It is not a comprehensive, head-to-toe physical, and may include:

- Certain Screenings, flu and pneumococcal shots, and referrals for other care if needed.
- Height, weight, and blood pressure measurements.
- A calculation of your body mass index.
- A review of your potential risk for depression and your level of safety.
- An offer to talk with you about creating advanced directives.
- A written plan letting you know which screenings, shots, and other wellness services you need.

If you are eligible and would like to take advantage of this free screening, please call Livingston HealthCare at 406.222.3541, and one of our Patient Access representatives can assist you. If you schedule a "Welcome to Medicare" visit, then we will send you an information packet with all the information you need. There is a short Medicare Wellness Checkup survey for you to fill out. Please bring the completed survey to your wellness visit because this will help us identify your health risks.

Thank you for your continued dedication to your health.

Sincerely, Your Livingston HealthCare team We're here for you